

# College Chronicle

December - January 2010/2011



## Director's Cut

### What's In a Name?

In different cultures and at different periods in history, an individual's name has carried varied levels of significance. Sometimes a child is given a name based on the meaning of that particular name. In other instances, a child may be given a name because of its significance within the family. Many times pop culture is the source of a name for a child, and I am sure there are plenty of times when parents choose a name just because it sounds good.

I did a quick search of my own name and found that Tracy can mean "victorious," "conqueror," or "wild goat." Obviously, I prefer either of the first two definitions, but when my parents selected my name, there was no way for them to know if I would grow up to be victorious or a conqueror. Perhaps it was wishful thinking on their part, or maybe they had no idea what the name meant.

Many people have also been given a nickname, and while our legal name doesn't necessarily have anything to do with who we are, our nicknames often do. I have a daughter whose nickname is "Junior." I think initially we called her that because she is like her mother in so many ways. Her nickname gives you a clue about her, especially if you know her mom.

As we celebrate the birth of Jesus, isn't it great to know that His name, given very deliberately, means "Savior. God is my salvation." The name Jesus carries enormous significance and provides a promise to everyone that

puts his or her faith and trust in Christ. In Matthew 1:23, the Bible says that he (Jesus) will be called "Immanuel" which means "God with us." That God came, in human form, to be with us is simply amazing. That He continues to be with us is a source of great comfort and strength.

In the ninth chapter of Isaiah, we are told that Jesus will be called, "Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace." Each of these names gives an indication as to one of the roles of Jesus; each one is significant and a source of tremendous blessing. We can learn a great deal about Jesus just through His names.

So, what's in a name? Thankfully when it comes to Jesus – everything.



## Angela's Angle

### First Year Academic Update

**Firm Foundations** – This semester we covered fundamental teachings of the Bible from Genesis through the Gospels. Students enjoyed participating in skits. Students listened to or read selected passages of the Bible and memorized verses.

**Computer Skills** – Computer Skills finished the semester by focusing heavily on Microsoft Word. Students explored the various options and features of Microsoft Word. Using Word, students were able to create tables, charts, pictures, flyers, schedules and games. Hooray for Word Art!

**Cooking** – Students finished the semester by reviewing the Food Pyramid and practicing healthy choices for their weekly menus.

**Daily Living Skills** –The students finished the semester by practicing cleaning skills in the dorms. They did some “Winter Cleaning” in their bedrooms, bathrooms, and kitchens.

**Health Dimensions** – We had a great time this semester learning how the body works. Students finished the semester by studying a unit on hygiene, which focused on taking care of the body as God’s temple. Next semester we will study nutrition, exercise, and diseases caused from lack of healthy diet and exercise.

**Introduction to Culinary Arts** –In honor of Zoe’s birthday in November, we made bubble pizza again in



one of the first year classes. The students also made a double layer pumpkin and pecan praline cake with spiced cream cheese in the center.

**Introduction to Horticulture** – Students learned about different spices and what parts of the plant the spice comes from such as: cinnamon is from inner tree bark and allspice is a dried unripe fruit. The students then combined all of the spices and dried citrus to make a simmering potpourri. Each student put some of the mix in a bag. The bag was placed in a Christmas card that they designed with simmering instructions.

**Language Arts** – The students finished the semester by completing research papers about certain states. They reviewed for their final and were amazed by how much they learned in one semester.

**Math & Money Skills** –

This class ended the semester studying time and calendars. We focused on learning and comparing different units of time such as



hours, days, weeks, months, and years. This is helpful as we transition into studying and practicing better time management.

**Personal Bible Study** – The last month of Personal Bible Study was spent studying the promises of God. Students looked at God’s promises of faithfulness and eternal life. For part of their final project, students had to use several bible study tools (Greek Lexicon and online concordance) to research and then present one of the promises of God toward believers. An additional point of interest – students memorized over 20 verses this semester!!!!

**Personal Development 1** –

We finished the semester by completing a photo project on acceptable and unacceptable ways to express anger with our body, hands, face, and voice. Students identified appropriate and inappropriate expressions of anger and captured them in a photo collage. Then, the Personal Development and Math final was combined into a group project where students actively solved conflict, made decisions, and set goals as they demonstrated their understanding of various math concepts at the local mall.



**Study Skills** – The students participated in Visualizing and Verbalizing. V/V is a program that helps students to develop their comprehension through the ability to create mental imagery. This ability to visualize is important for reading comprehension as well as oral language comprehension. Individuals with weak concept imagery have a hard time with critical thinking, connecting to conversations, following directions, and reading comprehension. They may also have difficulty expressing their ideas. Through V/V, the students are improving their language comprehension, reading for critical thinking, and developing their expressive language skills.

## Second Year Academic Update

**Life of Christ** – We finished the year by following Jesus around the Sea of Galilee as he trained his disciples to reach out to all kinds of people: religious, family, friends, strangers, social outcasts, and secular people. As followers of Christ, the students learned how to reach out to the same types of people in their daily lives. What a wonderful semester to see the students grow in their understanding of Jesus as God and man! On the last day of class, one student commented, “It was great to learn about the *real* Jesus!”

**Church History** – For the final exam, students were assessed on their verse passages. All students received an 80% or higher. Students were also challenged in a Jeopardy game featuring Church History topics.

**Communications** – The students finished the semester by preparing demonstration speeches. They created step-by-step outlines to help them realize how much needs to be explained if someone is to learn the skill that they are teaching. We enjoyed some of the students’ demonstrations because they made root beer floats and nachos.

**Culinary Arts** – The second year culinary students, along with the second year horticulture students, took a field trip to the Chicago Botanical Garden. For Christmas, the garden creates a display of famous sites in Chicago all made out of natural materials. It is quite remarkable!

**Horticulture** – The horticulture students finished first semester with a written exam that covered the biology of horticulture, pesticide safety, floral design, and landscape flowers. They also created Christmas arrangements for the hands-on evaluation section of



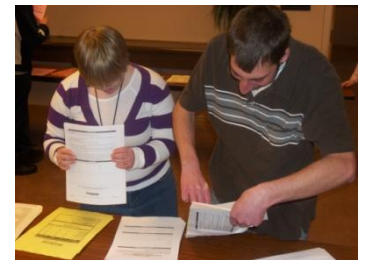
the exam. We celebrated by going on a combined field trip with the culinary arts class to the Chicago Botanic Garden to see the ginger bread village display and train exhibit. The train travels through different Chicagoland neighborhoods made all from

nature (twigs, bark, nuts, seeds, leaves, etc...) On display are the Chicago loop, sky scrapers, Soldier Stadium, museums and Millennium Park.



**Personal Development 2** – We spent our final weeks of the semester focusing on the four components of Appropriate Independence. Students completed a differentiated assignment encompassing all four concepts. Students had the opportunity to write about the application of each concept or to complete tasks reflecting each concept.

For example, students could complete a one hour service project or write about their biblical responsibility to serve others.



**Personal Finance** – Personal Finance closed the semester with a life-sized Life game. Each student was given a profile with a “job” and an “income.” Students had to determine how their money is spent, while finding an apartment and transportation within their budgets. Students creatively presented their Life game with flare and drama.

## Third Year Academic Updates

**Psalms** – Students studied the theme of eternal hope and its application to present struggles as observed in the Psalms of David.

**Trained for Life** – Students worked on personal finances and also began putting together binders full of vital information for the transition from Shepherds College to independence.

**Ready for Life** – Students read and discussed issues of financial stewardship, how to deal with disappointment, and the value of community service.

### Internship Updates

**Culinary Arts** – Third year students all finished strong at their internship sites. They have done a fabulous job and the supervisors appear to be very pleased with their performances. Great job, third-year students!

**Horticulture** – The third year horticulture students have been working at the Shepherds Greenhouse for their winter internship. The tornado caused a lot of damage to the greenhouse and the students were needed to help rescue the plants and move them into the Bolthouse Center. The students helped the grounds crew with removing debris from landscape beds. They were involved with the poinsettia sale by unpacking shipments, maintenance, assisting customers, and deliveries.



### Class Collaborations

#### **Personal Development and Horticulture:**

We have found that repetition is key to success and are eager to integrate different class material and build teamwork amongst the students. Earlier in the semester the first year students learned about different types, colors, and layers of a tree trunk in their Introduction to Horticulture class. After studying the importance of tree bark, they created picture frames using twigs from trees. This project became the perfect opportunity for their Personal Development class and horticulture training to come together. In Personal Development, the students set a S.M.A.R.T. social goal to spend time with new people and discussed the importance of volunteering. Both first year students

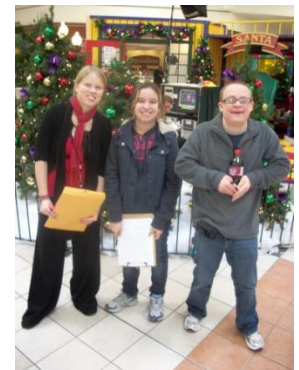


and second year horticulture students took the opportunity to get to know clients in Crowns of Splendor (a program developed for Shepherds Ministries

residents of retirement age) by working as a team to create the same twig frames they made in class previously! Each first year student was paired with a client from the Crowns of Splendor program while the second year horticulture students assisted and answered questions. The students embraced the opportunity to teach a skill and get to know another person. After the project the first year students returned to class eager to share about the person they were paired with and excited about the possibility of doing another activity together.

#### **Personal Development and Math:**

Shopping, sales, and group work sound like wonderful ingredients for a final exam. The first year students had a combined Math and Personal Development final at Regency Mall in Racine. Students worked in groups to complete a series of tasks utilizing the material they learned over the semester. They had the opportunity to find a sale item and figure out the percentage and cost along with taking time to introduce themselves to a mall employee using the method they learned from Personal Development. It was a challenge for the students to make decisions as a group, work through conflict, and choose a leader for each task. The students finished the exam by purchasing their lunch and counting back their change as an evaluation for the start of their next semester. It was encouraging to see them embrace the activity and recognize how much each student accomplished over the semester.



## Ai<sup>2</sup> Groups

For the remainder of the semester, students continued to prepare and eat dinner in their Ai<sup>2</sup> groups. The groups competed against each other in an exercise challenge. Students could walk, run, bike, or participate in sports to accumulate miles for their team. After accomplishing the exercise challenge, students were rewarded with a day out. They went to lunch at Buca di Beppo and attended a play called "My Son Pinocchio."

The Student Action Leadership Team (SALT) serves as the training for the leaders and co-leaders of Ai<sup>2</sup> groups. Students started learning the principles discussed in a book called Fish. The Fish principles include: Be Present, Play, Make Their Day, and Choose Your Attitude. The goal of the SALT training is to incorporate these into Ai<sup>2</sup> groups.

## Residential Life

The Residential Life program serves as opportunity for students to apply the knowledge and skills learned in the classroom. Brian Canright, Residential Life Manager, hopes to see "progressive growth with less staff support." This past semester, Mr. Canright has observed growth with all students in interpersonal and adaptive skills. Mr. Canright has been learning how to identify student's strengths and find opportunities for them to exercise those strengths.

## Announcements

**January Return Travel** – Parents will receive an e-mail during the week of January 10<sup>th</sup> with details for return flights on Monday and Tuesday, January 17 and 18.

**Personal Development Retreat: *Dare to Love: God, Self, Others*** – The retreat runs Wednesday, January 19 through Friday, January 21 and is held at the Wilderness Lodge in Wisconsin Dells. The cost of the retreat is \$50; each family will be billed for this expense. Besides attending sessions taught by Shepherds College staff, students will have fun in the water park. Students will need to have a modest swim suit.

**Classes Resume** – Spring semester classes resume on Monday, January 24<sup>th</sup>.

**Winter Remodeling** – Changes and more changes.

Students will notice a number of renovations when they return to school. The students will be glad to know we have new lockers! Fifty blue lockers have been installed down the hallway from the SC office, so they will have more room for their coats and notebooks!

Advisors Miss Luchterhand, Miss Reynolds, and Miss Fye will to be in their new office located down the hall from Shepherds Table. This will allow for conference room space in the current college office. Mr. Terrill, Miss Houk, and Mrs. Harvey will remain in the main office area.

**2011 Orientation: July 29 & 30** – It's never too early to book your hotel room for Orientation! This year we have reserved a block of 25 rooms at the Holiday Inn Express, 13339 Hospitality Court, Sturtevant, WI, about 8 miles from the school. We have reserved them for Thursday, July 28<sup>th</sup> (for those who wish to arrive the evening before Orientation) through Saturday, July 30<sup>th</sup>. All rooms are no smoking with two queen beds. We have been offered a discounted summer price of \$102.00/night. The blocked rooms are offered at this price until June 27<sup>th</sup> on a first-come, first-served basis. When making your reservation, be sure to ask for the Shepherds College block reservation discount. Reservations made after June 27<sup>th</sup> are \$139/night. Check-in time is 3:00 p.m. and check-out is at noon.

Hotel Phone: **262-884-0200 or 800-315-2621**

Hotel Website: **[www.hiexpress.com](http://www.hiexpress.com)**

For your convenience we are also including a comprehensive list of other hotel options in the area from which you may choose at the end of this newsletter.

## **Media Exposure**

- Trinity International University Audit Report, December 2010 – featured Shepherds College and Angela Houk's development of the Bible Department for the college. You may access the article at:

<http://blogs.tiu.edu/annualreport/2010/renewing-the-minds-of-adults-with-intellectual-disabilities/>

- *Apostrophe* Magazine, January 2011, will be running an article on the new college housing in their Winter issue.
- *Logan* magazine will carry a story featuring Nicole Martin.
- *Exceptional Parent*, March 2010, will feature author, Christina Goldstone, parent of a 2011 prospective student. Mrs. Goldstone wrote about her daughter's experience applying to and visiting Shepherds College. Daniela Goldstone, who visited the college in September, is blogging her journey to Shepherds College at [www.danielasjourney.blogspot.com](http://www.danielasjourney.blogspot.com).

**Follow Shepherds College** – You can follow Shepherds College on both Twitter and Facebook. If you haven't done so already, please visit the college website at [www.shepherdscollege.org](http://www.shepherdscollege.org), and feel free to recommend it to others who may be looking for a unique college opportunity for their son or daughter.

### **Spring Semester Supply List**

The students will need the following supplies:

#### **First Year:**

- Swim suit
- Boots
- Gloves
- Scarves
- Hats
- Corrector Tape
- Colored Pencils
- Pens/Pencils
- Highlighters
- NIV Bible
- Calculator
- USB drive (if previous one broke)

#### **Second Year:**

- Swim suit
- Boots
- Gloves
- Scarves
- Hats
- 2-3 Towels
- Pens/Pencils
- Highlighters
- Calculator
- USB drive (if previous one broke)

#### **Third Year:**

- Swim suit
- Boots
- Gloves
- Scarves
- Hats
- 2-3 Towels
- 2 packs of loose leaf paper
- Corrector tape
- Colored Pencils
- Pens/Pencils
- Highlighters
- USB Flash Drive (if previous one broke)
- NIV Bible
- Calculator

#### **Second/Third Year Culinary Arts Students:**

- If the students' pants, white T-shirts, or shoes look worn, they need to be replaced.
- One uniform will be provided next semester. An additional uniform may be purchased at \$30. It is recommended that another uniform be purchased to save on frequent washing.



During the Language Arts final, I asked the first year students what they have learned this semester. Students said they learned how to...

- Be a leader
- Be a more trustworthy person
- Have good time management
- Live with 8 girls
- Work as a team
- Make homemade chili
- Not overflow the dishwasher
- Resolve conflict appropriately
- Memorize Bible verses
- Meet people for the first time
- Try new things
- Write a paper in Language Arts
- Make new friends

They have learned so much in such a short time. Each student continues to grow in their Appropriate Independence each day.

In Communications Class, the second year students have spent the majority of time this semester learning about teamwork and leadership. Their final consisted of using that knowledge to decorate the classroom as a team. They had to choose a servant leader and use each person's individual strengths to accomplish the goal. By the time they ended, we had snowflakes on the walls, stockings hung on the white board, a Christmas tree assembled and decorated, and presents under the tree. They did an *excellent* job!



It makes us proud when our students:

- Correct JC Penny's percentage sale prices.
- Accurately divide a cookie into four parts.
- Introduce themselves to new people.
- Have a sense of humor throughout travel complications.
- Are not ashamed of being with two teachers who sing the hippo song in an airport.
- Work through conflict independently.
- Are thankful for their teachers and express it boldly.
- Achieve things previously considered impossible.
- Enjoy the lighter side of life – Wii games, here we come!
- Work as a team and demonstrate leadership skills.
- Encourage each other and us!
- Demonstrate selflessness and reach out to others.
- Stay light-hearted even in the midst of a natural disaster – Yes, we survived a tornado!

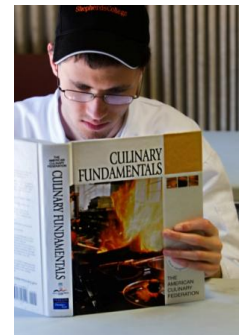
Enjoy your break, relax, and have a very Merry Christmas. As always, remember to smile!



**Elyse and Erin's Element**

Congratulations first year students (and parents!) for making it through your first semester of college! We are proud of your achievements as you continue to learn and grow in your independence. You are learning how to make appropriate decisions as you become well-prepared adults.

**Scrapbook**



### **Optional Hotels for Orientation**

Comfort Inn Racine - *7.68 miles from Shepherds*  
13340 Hospitality Court  
Sturtevant, WI 53177  
Phone: (262) 884-6840  
Website: [www.choicehotels.com](http://www.choicehotels.com)

Grandview Inn – *7.76 miles*  
910 S. Sylvania  
Sturtevant, WI 53177  
Phone: 262-886-0385

Super 8 Racine – *12.5 miles*  
1150 Oakes Rd.  
Racine, WI 53406  
Phone: (262) 884-0486 OR 1-800-800-8000  
Website: [www.super8.com](http://www.super8.com)

Marriott Hotels & Resorts – *12.55 miles*  
7111 Washington Ave  
Racine, WI 53406  
Phone: (262) 886-6100 OR 1-800-MARRIOTT  
Website: [www.marriott.com](http://www.marriott.com)

Comfort Inn – *12.7 miles*  
1154 Prairie Dr.  
Racine, WI 53406  
Phone: (262) 886-6055 OR 1-877-424-6423  
Website: [www.comfortinn.com](http://www.comfortinn.com)

Country Inn & Suites by Carlson-Kenosha  
*12.81 miles*  
7011 122nd Ave  
Kenosha, WI 53142  
Phone: (262) 857-3680  
Website: [www.countryinns.com](http://www.countryinns.com)

Fairfield Inn – *13.02 miles*  
6421 Washington Ave  
Racine, WI 53406  
Phone: (262) 886-5000 OR 1-800-MARRIOTT  
Website: [www.marriott.com](http://www.marriott.com)

Radisson Inn Harbourwalk – *16.85 miles*  
223 Gas Light Cir  
Racine, WI 53403  
Phone: (262) 632-7777 OR (888) 201-1718  
Website: [www.radisson.com](http://www.radisson.com)